



FUNDRAISING SUPPLIES AND SUPPORT CHECKLIST for general use during the year

The ME Association
7 Apollo Office Court
Radclive Road
Gawcott
Bucks MK18 4DF

Fundraising Office: 07946 760 811
Email: tony.britton@meassociation.org.uk
Registered Charity Number: 801279

Dear Fundraiser

Thank you for thinking of the ME Association.

And thank you for your kind offer of fundraising to help support people with ME/CFS.

We want to support your efforts as best we can. As you'll see, we have a range of posters, leaflets and other supplies to help your fundraising and to help you explain ME to others. Please complete this form and return it to us - by post if you like or, to get quicker results, by emailing a scan of the completed form to me and we'll try to get the supplies out to you by return.

Please note that restrictions imposed by the government during the pandemic on our ability to get into the office may delay dispatch of these items to you. So please give us as much notice as possible.

We will be delighted to supply free kit to both your principal fundraisers and to people who turn out to support you on the day – so don't be shy to ask! If you've any doubt on this score, please contact me for further information.

Good luck with both your fundraising and your preparations. If you need any further help, please do not hesitate to get back in touch with me. I'm usually around every day of the week – so don't think a phone call at weekends will disturb me!

I look forward to helping you with your fundraising.



Best wishes

Tony Britton
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FUNDRAISING SUPPLIES AND SUPPORT CHECKLIST

YOUR CONTACT DETAILS

Name

Address and Postcode

Email address

Contact phone number



T-SHIRTS

Our iconic 'It's Real! It's Physical! It's ME! T-shirts are free to fundraisers and their supporters on the day. Tell us your size (S, M, L, XL or XXL and how many you need. To order your supplies, return this list to the office.

How many required and what sizes?

SPONSOR FORMS

Some of your supporters may still prefer not to go online to give money to charity. To reach them, ask us to let you have a customised printed sponsor form.

Tell us how many you would like and we'll send them by Royal Mail.



COLLECTING BOXES – TRADITIONAL STYLE

Just the ticket to scoop up any loose cash. They come with paper seals. Open them up when it's all over, count the money and send it on to us.

How many to send?



COLLECTING BOXES – FLATPACK STYLE

Handy to have around at home if you want to save any loose change and pass it on to the charity. Much easier to put together than IKEA!

How many to send?

DONATION ENVELOPES

If you are hosting a dinner or family celebration, then ask your guests to pop a donation into our carefully-worded donation envelopes. We can claim Gift Aid on all eligible donations

Tell us how many you would like.

HELP WITH PUBLICITY

Stories in your local paper can help raise awareness of M.E. If you would like publicity for your challenge or event, or you would like help with writing a press release, please tick the box.

RUNNING VESTS

Only for our Marathon Runners. In these sizes only– S, M, L. To order yours, send this list to our fundraiser.

How many required and what sizes?



'M.E. HURTS' LEAFLET

We have a short leaflet which tells your supporters just how awful this illness can be. Help raise awareness by distributing copies.

How many required?

'GO THE EXTRA MILE FOR ME' LEAFLET

Contains lots of idea for events that you could organise for us or run in addition to your main event.

How many required?



STOP PRESS! CHILD SIZES NOW IN

Our T-shirts to suit child ages 5-6, 7-9 and 9-10. As with the adult shirts, made from high quality 'Fruit of the Loom' cotton.

How many required and what sizes?



BALLOONS

Festoon your event with them.

How many required?

DISCLAIMER The information you supply will not be shared with with third-party organisations.