

# UK CFS/ME RESEARCH COLLABORATIVE PATIENT/RESEARCHER SESSION



**1ST SEPTEMBER 2014**

**2.00 P.M. PATIENT/RESEARCHER SESSION: SMART WAYS OF WORKING**

**4.00 P.M. REFRESHMENT BREAK**

**4.30 P.M. PANEL DISCUSSION/Q&A**

**5.30 P.M. PATIENT/RESEARCHER  
WINE RECEPTION**

**6.30 P.M. CLOSE**



WILLS HALL,  
Parry's Lane, Stoke Bishop, Bristol BS9 1AE

## Panel includes



**Prof Robert Dantzer**  
MD Anderson Cancer Centre



**Prof Andrew Lloyd**  
UNSW Sydney



**Prof Maria Fitzgerald**  
UCL



**Prof Ian Lipkin**  
Columbia University

**Price: FREE**- Associate Members only

**Booking:** [www.cmrcsmart.eventzilla.net](http://www.cmrcsmart.eventzilla.net)

**Become a member (free):** [www..www..bit.ly/1hY3T2e](http://www..www..bit.ly/1hY3T2e)



**Do you want to contribute to CFS/ME research?  
Wondering how you can help?  
Do you want to help researchers develop proposals?**

The UK CFS/ME Research Collaborative is holding its first science conference to bring researchers together to stimulate new collaborations and partnerships. Alongside this, the afternoon of the first day provides an opportunity for people with CFS/ME, carers, family members and other stakeholders to work with researchers to enhance the engagement and participation of the wider community and influence future research.

## **Programme**

**1.30 Arrival and refreshments**

**2.00 A joint workshop for Associate Members and Researchers facilitated by Sally Crowe, Crowe Associates**

This will provide an opportunity for working together to identify where and how the CFS/ME patient, carer and other stakeholder community can assist and advance research in a productive, collaborative way.

**4.00 Break and Refreshments**

**4.30 Panel discussion**

Profs Robert Dantzer, Andrew Lloyd, Ian Lipkin and MRC-funded research project leads will each give a brief presentation followed by a panel discussion and Q&A.

**5.30 Networking wine reception**

A networking session for all participants with wine and canapés (including gluten-free and soft drinks)

**6.30 Close**

## **Who should attend?**

You will need to be an Associate Member or a researcher attending the full conference.

To become an Associate Member is free and you will need to complete the

membership form and submit as per the application process outlined by following [THIS LINK](#).

If you are an active researcher or research/medical student, you do not need to book this session separately. You can book a place at the event at [www.cmrcsmart.eventzilla.net](http://www.cmrcsmart.eventzilla.net)

## How is this being funded?

The Medical Research Council (MRC) is funding this event to enhance collaboration and engagement between the research community and key stakeholders such as people with CFS/ME and carers.

## More detailed overview

### Workshop

This session is being designed with input from a small group of members of Action for M.E.'s patient reference group in partnership with Sally Crowe who will be leading the session.

The session will be underpinned by the 'public involvement in research cycle' and will seek to identify better and SMART'er ways of working together. It will provide an opportunity to:

- Identify how to enhance the role that the patient/carer community has in research
- Hear insight and learning from another illness area
- Participate in focused table discussions on key areas such as disseminating and sharing results from studies and successful collaboration.

### Panel discussion

The panel will be chaired by Prof Stephen Holgate and will include all keynote speakers from the themed plenary sessions of the Researcher Conference:

### Inflammation session

[Prof Robert Dantzer](#), Department of Symptom Research, Graduate School of Biomedical Sciences, The University of Texas MD Anderson Cancer Center.

### **MRC-funded research session**

- **Dr Stuart Watson**, Newcastle University will be presenting on behalf of Prof Julia Newton (who will be out of the country) - Understanding the pathogenesis of autonomic dysfunction in chronic fatigue syndrome and its relationship with cognitive impairment.
- **Prof Carmine Pariante**, King's College, London - Persistent Fatigue Induced by Interferon-alpha: A New Immunological Model for Chronic Fatigue Syndrome
- **Dr Sue Wilson**, Imperial College London will be presenting on behalf of Prof David Nutt - Can enhancing SWS (slow wave sleep) improve daytime function in patients with CFS?
- **Prof Anne McArdle**, University of Liverpool - Determination of mitochondrial function and cytokine production in skeletal muscle of patients with CFS.
- **Dr Fai Ng**, Newcastle University - Identifying the biological fingerprints of fatigue
- **Dr Esther Crawley**, Bristol University - Investigating the epidemiology of CFS/ME in children using the ALSPAC (Avon Longitudinal Study of Parents and Children) cohort.

Link [HERE](#) for more details about the first five of the MRC-funded research projects. Link [HERE](#) for the last study.

### **Infection session**

- [Prof Andrew Lloyd](#), Faculty of Medicine, UNSW, Australia
- [Prof Ian Lipkin](#), Mailman School of Public Health, Columbia University.

### **Pain Session**

[Prof Maria Fitzgerald](#), Department of Neuroscience, Physiology and Pharmacology, UCL.

Each panel member will have five minutes to present key information and/or views about their work and CFS/ME issues. Attendees will have the opportunity to ask questions and to listen to panel members explore a number of topic areas.

### **Any questions?**

Please email: [research@actionforme](mailto:research@actionforme) or contact Action for M.E. and speak to Kerry on 0117 937 6636 .