**You can use this template to highlight ME/CFS guidance and online learning to any health professional supporting you.**

**Free online learning module for ME/CFS based on 2021 NICE guideline**

I would like to highlight a free, CPD-accredited learning module for GPs and health professionals on ME/CFS at [www.studyprn.com/p/chronic-fatigue-syndrome](https://www.studyprn.com/p/chronic-fatigue-syndrome)

GPs and health and care professionals who have taken the module report feeling more confident in diagnosing and manage the symptoms of ME/CFS.

Based on clinical case studies, typifying patients who may or may not display signs and symptoms of M.E./CFS, it reflects emerging biomedical evidence, evolving international discussions and the patient perspective.

The module reflects the 2021 NICE guideline for ME/CFS ([www.nice.org.uk/guidance/ng206](http://www.nice.org.uk/guidance/ng206)) in England and Wales; and the 2010 Scottish Good Practice Statement ([www.gov.scot/publications/scottish-good-practice-statement-myalgic-encephalomyelitis-chronic-fatigue-syndrome-cfs](http://www.gov.scot/publications/scottish-good-practice-statement-myalgic-encephalomyelitis-chronic-fatigue-syndrome-cfs)), partially updated in February 2023 to insert key changes of practice set out by the NICE guideline.

The module is free, usually takes under an hour to complete, and provides one CPD point towards revalidation.

A series of podcasts accompanies the module, featuring interviews with clinicians, medical students and people with ME/CFS.

Topics include the NICE guideline for ME/CFS, Long COVID and its similarities to ME/CFS, paediatric ME/CFS, and physiotherapy and occupational therapy for ME/CFS.

Find links to each podcast at [www.actionforme.org.uk/CPDforMECFS](http://www.actionforme.org.uk/CPDforMECFS)