

“My GP has never understood and it takes ages for him to refer me to specialists even when urgent. I have severe ME, need to use a wheelchair, and am very weak. When I get periods of blurred vision I can hardly see. How badly affected do you have to be to obtain good healthcare?”

- Wendy

**ME
Awareness
Week
2021**

Health and
Social Care

meassociation.org.uk

“Be aware that ME/CFS affects each person differently and varies widely in severity – in its most severe form it can lead to substantial incapacity (see recommendations 1.1.8 and 1.1.9)... Offer home visits to people with severe or very severe ME/CFS to carry out their holistic assessment and develop their management plan...”

***NICE Draft Guideline
ME/CFS 2020/21***

Hope for a Better Future?

#NHS4MECFS

