

“My
only experience
with social care was them
telling me I wasn't eligible for
a care package. I have severe
ME and am predominantly
housebound”

- Graham

“If a person with ME/CFS needs support at home, conduct a social care assessment, record, and provide information and support on, e.g., activities of daily living, mobility, use of stairs, access to outside space, dexterity and poor balance, their home, equipment and adaptations, where to get financial support and advice...”

*NICE Draft Guideline
ME/CFS 2020/21*



ME Awareness Week 2021

Health and
Social Care

meassociation.org.uk

Hope for a Better Future?

#NHS4MECFS