

“All the HCPs I have seen have, at worst, told me they don't believe in ME/CFS and, at best, just don't understand it. This is completely different to the experience of friends and family who have diabetes and multiple sclerosis”
- Yvonne

**ME
Awareness
Week
2021**

Health and
Social Care

meassociation.org.uk

“ME/CFS is a complex, multi-system, chronic medical condition that has considerable personal, social, and economic consequences and a significant impact on a person's emotional wellbeing and quality of life”

*NICE Draft Guideline
ME/CFS 2020/21*

Hope for a Better Future?

#NHS4MECFS

THE ME ASSOCIATION

me