

# Dizziness and Fainting

M.E. means not being able to stand or walk without dizziness or fainting episodes.



Focus  
on  
Symptoms

M.E. (myalgic encephalopathy) is a complex multisystem disease with a wide range of disabling symptoms, including:

- Post exertional malaise
- Ongoing flu-like symptoms
- Muscle fatigue
- Muscle, joint and nerve pain
- Sleep problems
- Cognitive dysfunction
- Light and sound sensitivity
- Dizziness and fainting
- Gastrointestinal issues

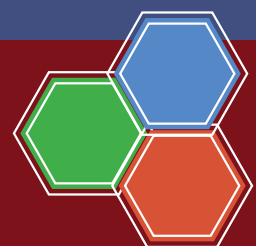
## ME Awareness Week

11th - 17th May 2020



Get involved.  
Help our campaign.

[meassociation.org.uk](http://meassociation.org.uk)



#MEsymptoms