ME Awareness Week
11th - 17th May 2020

The Lost Years

M.E. (myalgic encephalopathy or encephalomyelitis) is a complex multisystem disease with a wide range of disabling symptoms, for which there is no cure.

HELEN
“Every day is spent on the sofa. I’ve been like this for seven years now. Doctors do nothing, life has changed forever”

Lost dreams
Lost health
Lost lives

Get involved. Help our campaign.
meassociation.org.uk