

ME Awareness Week

11th - 17th May 2020

The Lost Years

M.E. (myalgic encephalopathy or encephalomyelitis) is a complex multisystem disease with a wide range of disabling symptoms, for which there is no cure.

ELLIE

"I am bed bound pretty much all the time. Most days I suffer with light and sound sensitivity, excruciating pain throughout my whole body and headaches.

Lost
dreams
Lost
health
Lost
lives

#TheLostYearsME



Get involved.
Help our campaign.
meassociation.org.uk