ME Awareness Week
11th - 17th May 2020

The Lost Years

M.E. (myalgic encephalopathy or encephalomyelitis) is a complex multisystem disease with a wide range of disabling symptoms, for which there is no cure.

ELLIE
“I am bed bound pretty much all the time. Most days I suffer with light and sound sensitivity, excruciating pain throughout my whole body and headaches.

Lost dreams
Lost health
Lost lives

#TheLostYearsME

Get involved. Help our campaign.
meassociation.org.uk