

EXCELLENT REASONS TO JOIN THE ME ASSOCIATION

THE ME ASSOCIATION



1. We know that ME/CFS and Long Covid are very real medical conditions and they represent a health crisis which must be taken seriously.
2. We campaign for greater acceptance, understanding, education and improved healthcare.
3. We work to secure improved access to the best health and social care and for benefits when you need them most.
4. We fund medical research to gain a better understanding of what causes and perpetuates these conditions and how they can be treated effectively.
5. We provide ME Connect, the UK's premier support and information service. The helpline is available 365 days a year and you can also reach us via email and social media private message.
6. Dr Charles Shepherd, the UK's best-known medical expert, is the charity's honorary medical adviser and a trustee. He's backed by a panel of specialist advisers including a dietitian and dentist.
7. We produce 2 excellent magazines that help keep readers up to date and engaged: ME Essential for members, and ME Medical for healthcare professionals.
8. We produce the largest range of reliable literature and answer questions in Medical Matters - available free on the website.

We put the interests of our members at the heart of everything we do!

