

Suffolk Specialist Service:

Documents for Healthcare Professionals

The Suffolk Specialist Service is a relatively new service that is working in line with the latest guidance from the National Institute for Health and Care Excellence (NICE) – ME and CFS: NG206 and Long Covid: NG118.

They have produced documents for healthcare professionals that are good examples of working towards delivering a high quality service.

These documents may be helpful for both healthcare professionals and also the ME/CFS and Long Covid communities as a reference point of how service providers could support patients.

1. ME, CFS and Long Covid [Pathway](#)
2. ME, CFS and Long Covid [Timeframe](#)
3. ME, CFS and Long Covid [Referral Form](#) and details of [location](#) of the form on DXS and Ardens
4. ME, CFS and Long Covid [Care and Support Plan Template](#)
5. ME, CFS and Long Covid [Reasonable Adjustment for Work and Education](#)
6. ME, CFS and Long Covid [Reasonable Adjustment for Work and Education](#) Template
7. ME, CFS and Long Covid [Health and Care Passport Template](#)
8. ME, CFS and Long Covid [Health and Care Passport ID Card](#)
9. ME and CFS [Care and Support Plan \(CSP\) Guidance for Clinicians](#)