

Free CPD

Improve your knowledge on diagnosis and management of myalgic encephalomyelitis (ME/CFS)

[CPD module](#)

(<https://www.studyprn.com/p/chronic-fatigue-syndrome>)

- **Diagnose ME/CFS**
- **Recognise post-exertional malaise (symptom exacerbation)**
- **Prevent worsening of symptoms through pacing advice**
 - **Consider relevant tests and investigations**

On successful completion you will gain 1 CPD point and a certificate

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ME/CFS is one of the most fascinating and important diseases of our time.

In writing this module I started from scratch. I drew on the international peer reviewed literature and emerging international ME/CFS educational resources and have been fortunate to receive significant contributions from medical experts, scientists and patients.



The economic and social impact of chronic disease affecting often young, otherwise productive individuals is a burden that every one of us will bear and it is the responsibility of all healthcare professionals to update their own knowledge to be able to offer early and accurate diagnosis and support.

Dr Muirhead is a Director at [Doctors with M.E.](#), the global professional organisation for medical practitioners, scientists and researchers in the field of myalgic encephalomyelitis.

(<https://doctorswith.me>)

V2 2023 - Incorporates emerging parallels with long-COVID and core learning points from the ME/CFS Guideline from the National Institute of Health and Care Excellence (NG206).