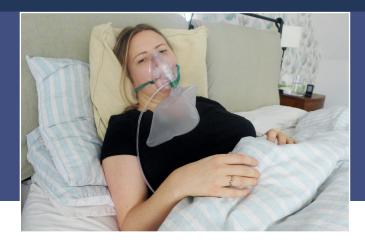
# New Online CPD Training Course for Health Professionals about ME/CFS



# BRAND NEW CPD RESOURCE

Myalgic Encephalomyelitis Chronic Fatigue Syndrome

### StudyPRN



The CMRC <sup>1</sup> Medical Education Group which is led by Dr Nina Muirhead <sup>2</sup> (an NHS surgeon with M.E.) has launched in partnership with Study PRN an accredited training module for health professionals about ME/CFS.

The online course has been produced

by medical experts in ME, physiotherapists with a keen interest in the condition (Physios 4 ME), the ME Association and other charity representatives, and the CMRC Patient Advisory Group.

The online course is in the form of a number of case studies. It can be taken by anyone with an interest in ME/CFS, will count towards continuing professional development (CPD) and result in a certificate.

The case studies aim to typify the kind of patients who may or may not display symptoms of the illness. Participants will be asked to decide what those symptoms might be indicating, what diagnosis is appropriate and what management advice and/or medications to consider.

If participants select incorrect answers, then the module will explain why those answers are wrong and suggest what things they might have missed as well as indicating the correct answer.

The hope is that health professionals come away from the course with more knowledge about ME/CFS, and that we can help improve medical education and awareness.

## TAKE THE COURSE

Take the new online training course about ME/CFS from StudyPRN:

www.studyprn.com/p/ chronic-fatigue-syndrome

We are especially interested in hearing from GPs.

This free resource, composed of 10 clinical cases, will assess your knowledge of ME/CFS. You'll receive one hour of CPD on successful completion of the resource.

Please complete the questionnaire about the StudyPRN ME/CFS training module. It will help us to understand what you feel about the course and determine any areas of improvement.: https://tinyurl.com/y6utwe5c

<sup>1</sup> The CFS/ME Research Collaborative chaired by Professors Stephen Holgate and Chris Ponting.

#### For more information visit:

www.meassociation.org.uk/research/cfsme-research-collaborative/

<sup>2</sup> Dr Nina Muirhead (BA (Oxon) BMBCh (Oxon) MRCS DOHNS MEd PGDipDerm). Dr Muirhead is also associated with or alumni of: Oxford University, Open University, Cardiff University, Buckinghamshire Healthcare NHS Trust, the Royal College of Surgeons, and the Royal College of Physicians.

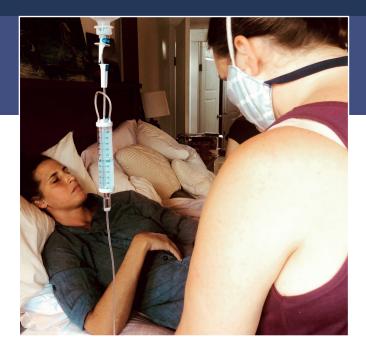
Pictured above left: Dr Nina Muirhead



#### WWW.MEASSOCIATION.ORG.UK

The ME Association is a member of the **Helplines Partnership** ● Helping organisations make a difference **The Myalgic Encephalopathy Association** ● Company Limited by Guarantee No. 2361986 Registered in England ● Registered Charity Number 801279

# Learn more about ME/CFS with the Online CPD Training Course!





The CMRC <sup>1</sup> Medical Education Group is led by Dr Nina Muirhead <sup>2</sup> (an NHS surgeon with ME/CFS, pictured left), who has launched in partnership with Study PRN an accredited training module for health professionals about ME/CFS.

The course was produced by medical experts in ME/CFS.

#### Why take this course and who is it for?

The course has been designed for HCPs and anyone with a professional interest in the condition.

It will help you identify symptoms, determine a diagnosis and consider effective treatments using case study examples.

#### What might the benefits ot taking the course be?

The module works with you to determine correct answers and your knowledge about ME/CFS will be improved as a result.

■ We hope HCPs will learn more about ME/CFS from this module, and that this knowledge will lead to better healthcare outcomes and improved relationships with patients.

Myalgic Encephalomyelitis Chronic Fatigue Syndrome



## TAKE THE COURSE

Take the online training course from StudyPRN https://www.studyprn.com/p/ chronic-fatigue-syndrome

### We want to work with Health Care Professionals to improve knowledge about ME/CFS

#### FREE RESOURCE USES CLINICAL CASES ASSESS KNOWLEDGE OF ME/CFS

You'll receive one hour of CPD on successful completion of the resource.

Please complete the questionnaire here: https://tinyurl.com/y6utwe5c

"Great to have a well designed, succinct but very informative and up to date course on ME/CFS. I will be forwarding the link and urging other professionals to follow this short, but excellent course."

<sup>1</sup> The CFS/ME Research Collaborative chaired by Professors Stephen Holgate and Chris Ponting.

## For more information visit: https://tinyurl.com/d6c9k3zs

<sup>2</sup> Dr Nina Muirhead (BA (Oxon) BMBCh (Oxon) MRCS DOHNS MEd PGDipDerm). Dr Muirhead is also associated with or an alumnus of: Oxford University, Open University, Cardiff University, Buckinghamshire Healthcare NHS Trust, the Royal College of Surgeons, and the Royal College of Physicians.



#### WWW.MEASSOCIATION.ORG.UK

The ME Association is a member of the **Helplines Partnership** ■ Helping organisations make a difference **The Myalgic Encephalopathy Association** ■ Company Limited by Guarantee No. 2361986 Registered in England ■ Registered Charity Number 801279 health@meassociation.org.uk

