

ME Awareness Week

11th - 17th May 2020

The Lost Years

M.E. (myalgic encephalopathy or encephalomyelitis) is a complex multisystem disease with a wide range of disabling symptoms, for which there is no cure.

CHARLENE

"I need darkness, complete silence and heat to help with pain and shaking. I am mostly bedridden and unable to tolerate being in the same room as my family members"

Lost dreams
Lost health
Lost lives

#TheLostYearsME



Get involved.
Help our campaign.
meassociation.org.uk